



The Aromatherapy Companion: Medicinal Uses/Ayurvedic Healing/Body-Care Blends/Perfumes & Scents/Emotional Health & Well-Being (Herbal Body)

By Victoria H. Edwards

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Editorial Review

Review

“The most comprehensive aromatherapy guide available. Victoria Edwards includes profiles of essential oils and gives instructions for using them in a wide range of recipes for beauty, health, and emotional well-being.” – Aromatherapy Thymes

From the Back Cover

Discover the Healing Benefits of Aromatherapy

In *The Aromatherapy Companion*, you'll find hundreds of soothing and healing recipes for beauty, health, and emotional well-being through every stage of life. Noted aromatherapist Victoria Edwards offers a comprehensive guide to using some of the more unusual essential oils and carrier oils and shares her secret blends for the bath, massage, perfumery, health care, and aphrodisiacs. She also includes special recipes inspired by mythology, astrology, and Ayurvedic medicine.

About the Author

Internationally known aromatherapy teacher and consultant Victoria Edwards owns Leydet Aromatics, a mail-order business specializing in essential oils. She is also director of the Aromatherapy Institute and Research Center and the author of *The Aromatherapy Companion* and *25 Aromatherapy Blends for De-Stressing*. She is a member of the National Institute of Holistic Aromatherapists and lives in northern California.

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Robert Hutzler:

This The Aromatherapy Companion: Medicinal Uses/Ayurvedic Healing/Body-Care Blends/Perfumes & Scents/Emotional Health & Well-Being (Herbal Body) is fresh way for you who has intense curiosity to look for some information mainly because it relief your hunger of information. Getting deeper you in it getting knowledge more you know otherwise you who still having little bit of digest in reading this The Aromatherapy Companion: Medicinal Uses/Ayurvedic Healing/Body-Care Blends/Perfumes & Scents/Emotional Health & Well-Being (Herbal Body) can be the light food to suit your needs because the information inside this book is easy to get by means of anyone. These books produce itself in the form that is reachable by anyone, yes I mean in the e-book contact form. People who think that in book form make them feel drowsy even dizzy this publication is the answer. So there isn't any in reading a book especially this one. You can find what you are looking for. It should be here for a person. So , don't miss this! Just read this e-book kind for your better life and knowledge.

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