



## Born for Love: Why Empathy Is Essential--and Endangered

By Bruce D. Perry, Maia Szalavitz

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“Bruce Perry is both a world-class creative scientist and a compassionate therapist.”<?xml:namespace prefix = o ns = "urn:schemas-microsoft-com:office:office" />

—Mary Pipher, author of *Reviving Ophelia*

*Born for Love* is the definitive book on empathy. Renowned psychiatrist Bruce Perry has appeared on *Oprah*, CNN, National Public Radio’s *All Things Considered*, and other programs as an expert in this hot area of neuroscience, and has been cited as such in *Newsweek*, the *New York Times*, and *The New Yorker* (in a story written by Malcolm Gladwell). He and co-writer Maia Szalavitz explore empathy’s startling importance in human evolution and its significance for our children and our society. The authors of *The Boy Who was Raised as a Dog* present a powerful case that love is essential...and endangered.

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### Editorial Review

#### Review

“Empathy, and the ties that bind people into relationships, are key elements of happiness. *Born for Love* is truly fascinating.” (Gretchen Rubin, #1 New York Times bestselling author of *The Happiness Project*)

“Once in awhile a book changes the way I experience the world. This time it’s *Born For Love*, by Bruce D. Perry and Maia Szalavitz. Their book explores how children learn to love-or not. No work of fiction is as compelling.” (Denver Post)

“An accessible and important work of popular science.” (BigThink.com)

“Strikingly original and thought-provoking, *Born for Love* explores the crucially important role empathy plays in all of our lives. It should be required reading for every parent, partner, and friend.” (Annie Murphy Paul, author of *Origins: How the Nine Months Before Birth Shape the Rest of Our Lives*)

#### From the Back Cover

Uncover the startling importance of empathy

From birth, when babies' fingers instinctively cling to those of adults, their bodies and brains seek an intimate connection—a bond made possible by empathy, the remarkable ability to love and to share the feelings of others.

In this unforgettable book, award-winning science journalist Maia Szalavitz and renowned child-psychiatrist Bruce D. Perry explain how empathy develops, why it is essential both to human happiness and for a functional society, and how it is threatened in the modern world.

#### About the Author

Bruce D. Perry, M.D., Ph.D., is the senior fellow of the ChildTrauma Academy ([www.ChildTrauma.org](http://www.ChildTrauma.org)), a not-for-profit organization based in Houston that is dedicated to improving the lives of high-risk children, and he is an adjunct professor of psychiatry at the Northwestern University School of Medicine in Chicago. He is the author, with Maia Szalavitz, of *The Boy Who Was Raised as a Dog*, a bestselling book based on his work with maltreated children.

Maia Szalavitz is the author of *Help at Any Cost: How the Troubled-Teen Industry Cons Parents and Hurts Kids* (Riverhead, 2006), which led to state investigations into the industry as well as federal legislation. She is a senior fellow at media watchdog STATS.org and has written for the *New York Times*, *Elle*, *Time* magazine online, and the *Washington Post*.

## **Users Review**

### **From reader reviews:**

#### **Kenneth Allen:**

Here thing why this Born for Love: Why Empathy Is Essential--and Endangered are different and trustworthy to be yours. First of all reading through a book is good nonetheless it depends in the content of it which is the content is as tasty as food or not. Born for Love: Why Empathy Is Essential--and Endangered giving you information deeper as different ways, you can find any book out there but there is no guide that similar with Born for Love: Why Empathy Is Essential--and Endangered. It gives you thrill looking at journey, its open up your personal eyes about the thing that happened in the world which is possibly can be happened around you. You can actually bring everywhere like in recreation area, café, or even in your approach home by train. Should you be having difficulties in bringing the printed book maybe the form of Born for Love: Why Empathy Is Essential--and Endangered in e-book can be your alternate.

#### **Irvin Ehlers:**

Reading a guide tends to be new life style in this era globalization. With examining you can get a lot of information that could give you benefit in your life. Along with book everyone in this world can easily share their idea. Books can also inspire a lot of people. Many author can inspire their very own reader with their story or their experience. Not only the story that share in the books. But also they write about the information about something that you need example. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book which exist now. The authors on earth always try to improve their skill in writing, they also doing some research before they write on their book. One of them is this Born for Love: Why Empathy Is Essential--and Endangered.

#### **Susan Peterson:**

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