



# Housing First Manual: The Pathways Model to End Homelessness for People with Mental Illness and Addiction

*By Sam Tsemberis Ph.D.*

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## **Housing First Manual: The Pathways Model to End Homelessness for People with Mental Illness and Addiction** By Sam Tsemberis Ph.D.

Research proves that the Housing First approach is more effective than traditional models at dramatically reducing homelessness among those with mental health and substance use disorders. This step-by-step manual provides a solid foundation for introducing the evidence-based Housing First approach--provide housing first, followed by supportive treatment services--into new locations, and evolving existing programs into those based on the ideals of the Pathways Model to End Homelessness. It guides you in structuring policies and programs that respect and respond to the voices of men, women, and families in your community, and provides easy-to-follow tools and tips for implementation. Housing First details: 1. Solid, actionable information about the program's philosophy, operations, and administration 2. The composition, staffing structures, and day-to-day operations of the clinical and support services 3. Practices in client assessment and engagement 4. Property management operations 5. The best protocols for assisting clients with the search for housing, relationships with landlords, and the overall "settling in" process 6. The research evidence for the effectiveness of the Pathways model This manual does not include the DVD. To order the version that includes both the manual and the DVD, please see the related items.

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