



Medical Nutrition & Disease: A Case-Based Approach

By Lisa Hark, Gail Morrison

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Using a practical, integrated approach, *Medical Nutrition & Disease: A Case-Based Approach*, third edition, offers a complete perspective on the increasingly important role nutrition plays in every day medical practice. Key topics include: fundamentals of nutrition assessment; vitamins, minerals and phytochemicals; herbal medicine; nutrition in pregnancy, pediatrics and geriatrics; nutritional management and the pathophysiology of diseases; and enteral and parenteral nutrition support. The updated edition also features new case studies and sections on metabolic syndrome, prevention of neural tube defects, insulin resistance in an overweight child, iron deficiency anemia, and drug-herb interactions. This edition has been updated to reflect the most current practice guidelines.

Co-written by a multidisciplinary group of physicians and registered dietitians, each chapter includes cases that present relevant medical and nutritional implications of various clinical scenarios. Readers will learn how to diagnose and manage nutritional problems and answer their patients' most frequently asked questions.

The text also contains over 195 review questions that allow readers to test their knowledge and prepare for course, licensing, and certifying exams. Successful completion of the review questions qualifies for 35 American Dietetic Association continuing education credits.

More information, including powerpoint slides to accompany the 3rd edition, can be found at <http://www.med.upenn.edu/nutrined/mnd3.html>

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Editorial Review

From the Back Cover

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- *Medical Nutrition & Disease: A Case-Based Approach*, third edition, can be incorporated into several basic science and clinical courses, used for a required or elective nutrition course or recommended as a self-instructional text
- This new edition has been updated by nationally recognized nutritionists and physicians who teach nutrition in medical schools and residency programs
- Chapter objectives identify important concepts and apply them to clinical practice
- 20 clinical cases simulate actual patient work-ups to reinforce the material and provide a practical approach to patient care
- 195 multiple choice review questions allow readers to test their knowledge and prepare for course, licensing, and certifying exams
- Successful completion of the review questions qualifies for 35 American Dietetic Association continuing professional education credits

About the Author

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Gail Morrison, Vice Dean of Education, University of Pennsylvania School of Medicine, Philadelphia, PA, USA

Users Review

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The experience that you get from Medical Nutrition & Disease: A Case-Based Approach is the more deep you excavating the information that hide inside words the more you get interested in reading it. It does not mean that this book is hard to recognise but Medical Nutrition & Disease: A Case-Based Approach giving you thrill feeling of reading. The copy writer conveys their point in particular way that can be understood simply by anyone who read that because the author of this e-book is well-known enough. This specific book also makes your personal vocabulary increase well. Making it easy to understand then can go to you, both in printed or e-book style are available. We propose you for having this specific Medical Nutrition & Disease: A Case-Based Approach instantly.

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Susan Demar:

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