



Unmasking the Face: A Guide to Recognizing Emotions From Facial Expressions

By Paul Ekman

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Using scores of photographs of faces that reflect the emotions of surprise, fear, disgust, anger, happiness, and sadness, the authors of UNMASKING THE FACE explain how to identify correctly these basic emotions and how to tell when people try to mask, simulate, or neutralize them. In addition, it features several practical exercises that will help actors, teachers, salesmen, counselors, nurses, and physicians--and everyone else who deals with people--to become adept, perceptive readers of the facial expressions of emotion.

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