



An introduction to Health Psychology (2nd Edition)

By Val Morrison, Paul Bennett

Download now

Read Online ➔

An introduction to Health Psychology (2nd Edition) By Val Morrison, Paul Bennett

Provides a stimulating and thorough introduction to the field, whilst helping students to understand how biology, behavior, and social context influence health and illness

- Substantially revised chapters on *The Body in Health and Illness* and *Pain*
- An extended final chapter on *Futures*: including global comparisons and careers – ideal for students at level three and on postgraduate courses
- More personal case studies, What do YOU think? boxes, issues boxes, and examples of illnesses
- Expanded coverage of topics such as death, dying and loss, ageing and lifespan and greater inclusion of cross-cultural issues and policy information.
- Even greater reference to cutting-edge research material in key reading, references and research focus boxes

📄 [Download An introduction to Health Psychology \(2nd Edition\) ...pdf](#)

📖 [Read Online An introduction to Health Psychology \(2nd Editio ...pdf](#)

An introduction to Health Psychology (2nd Edition)

By Val Morrison, Paul Bennett

An introduction to Health Psychology (2nd Edition) By Val Morrison, Paul Bennett

Provides a stimulating and thorough introduction to the field, whilst helping students to understand how biology, behavior, and social context influence health and illness

- Substantially revised chapters on *The Body in Health and Illness* and *Pain*
- An extended final chapter on *Futures*: including global comparisons and careers – ideal for students at level three and on postgraduate courses
- More personal case studies, What do YOU think? boxes, issues boxes, and examples of illnesses
- Expanded coverage of topics such as death, dying and loss, ageing and lifespan and greater inclusion of cross-cultural issues and policy information.
- Even greater reference to cutting-edge research material in key reading, references and research focus boxes

An introduction to Health Psychology (2nd Edition) By Val Morrison, Paul Bennett Bibliography

- Sales Rank: #4025342 in Books
- Published on: 2009-03-26
- Ingredients: Example Ingredients
- Original language: English
- Number of items: 1
- Dimensions: 10.50" h x 1.05" w x 7.75" l, 2.89 pounds
- Binding: Paperback
- 704 pages

 [Download An introduction to Health Psychology \(2nd Edition\) ...pdf](#)

 [Read Online An introduction to Health Psychology \(2nd Editio ...pdf](#)

Editorial Review

From the Back Cover

"Thoroughly revised and updated to provide an excellent, in-depth coverage of a wide range of topics within health psychology. The book is accessible and engaging and well grounded in theory and practice. It is highly recommended."

Dr. Gail Kinman, University of Bedfordshire

An Introduction to Health Psychology, second edition provides a comprehensive and lively introduction to the field.

Retaining the highly praised approach of the first edition, each chapter outlines and describes the theory and research before moving on to explore applications and intervention practice. Describing, predicting, and then intervening are primary goals of health psychologists and this book reflects this process.

The new edition has been thoroughly updated to include topics such as death, dying and loss, aging and lifespan, positive psychology and a wider range of cross-cultural issues and policy information.

Core topics and current debates are supported by many useful pedagogical features to aid learning such as a research focus, an applications box and new case studies.

Further key features include:

- Substantially revised chapters on *The Body in Health and Illness* and *Pain*
- An extended final chapter on *Futures*: including global comparisons and careers – ideal for students at level three and on postgraduate courses
- More personal case studies, What do YOU think? boxes, issues boxes, and examples of illnesses
- Expanded coverage of topics such as death, dying and loss, ageing and lifespan and greater inclusion of cross-cultural issues and policy information.
- Even greater reference to cutting-edge research material in key reading, references and research focus boxes

A significantly extended companion website accompanies this book at www.pearsoned.co.uk/morrison This provides a useful self-testing facility, flash cards to aid revision and up-to-date web links

An introduction to Health Psychology, second edition is ideal for students taking a module in health psychology or studying in related fields such as health and social care or nursing.

Val Morrison is a Senior Lecturer in Health Psychology, and a chartered health psychologist, based at the University of Wales, Bangor. She has taught health psychology since 1992, whilst maintaining a vibrant

research group investigating psychosocial predictors of patient and carer outcomes of chronic disease and cancer.

Paul Bennett is research Professor in the Nursing, Health and Social Research Centre at the University of Cardiff. He has published several books on health and clinical psychology as well as over 100 academic papers and chapters.

"The new edition provides updated and expanded content and includes a wealth of in-text pedagogic features, helping students appreciate the 'real-world' applications and implications of issues and theories covered by the book."

Dr Richard Trigg, Nottingham Trent University

"Up-to-date, highly readable and useful not only in the UK but also in mainland Europe. Several tools, including the research highlights and spotlight boxes invite students to critically reflect on the material while at the same time making the book easily accessible."

Professor Adelita Ranchor, University Medical Center Groningen

Users Review

From reader reviews:

Chris Hernandez:

Hey guys, do you really want to find a new book you just read? Maybe the book with the name An introduction to Health Psychology (2nd Edition) suitable to you? The book was written by a well-known writer in this era. The book entitled An introduction to Health Psychology (2nd Edition) is the one of several books which everyone reads now. This kind of book has inspired lots of people in the world. When you read this publication you will enter the new age that you have never known before. The author explained their thought in a simple way, thus all of people can easily know the core of this publication. This book will give you a large amount of information about this world now. To help you to see the representation of the world with this book.

Kori Pierson:

The book entitled An introduction to Health Psychology (2nd Edition) is the e-book that I recommended to you just read. You can see the quality of the book content that will be shown to anyone. The language that the writer used to explain their way of doing something is easy to understand. The article writer has done a lot of study when writing the book, and so the information that they share for your requirements is absolutely accurate. You also will get the e-book of An introduction to Health Psychology (2nd Edition) from the publisher to make you more enjoy free time.

Elvia Ecklund:

The particular book An introduction to Health Psychology (2nd Edition) has a lot of knowledge on it. So when you check out this book you can get a lot of gain. The book was published by the very famous author. This articles author makes some research ahead of write this book. This specific book very easy to read you may get the point easily after scanning this book.

Kimberly Martin:

Don't be worry in case you are afraid that this book will filled the space in your house, you may have it in e-book means, more simple and reachable. This specific An introduction to Health Psychology (2nd Edition) can give you a lot of buddies because by you taking a look at this one book you have factor that they don't and make you more like an interesting person. This particular book can be one of a step for you to get success. This guide offer you information that maybe your friend doesn't understand, by knowing more than additional make you to be great persons. So , why hesitate? Let me have An introduction to Health Psychology (2nd Edition).

Download and Read Online An introduction to Health Psychology (2nd Edition) By Val Morrison, Paul Bennett #5RNUWTJ8GP1

Read An introduction to Health Psychology (2nd Edition) By Val Morrison, Paul Bennett for online ebook

An introduction to Health Psychology (2nd Edition) By Val Morrison, Paul Bennett Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read An introduction to Health Psychology (2nd Edition) By Val Morrison, Paul Bennett books to read online.

Online An introduction to Health Psychology (2nd Edition) By Val Morrison, Paul Bennett ebook PDF download

An introduction to Health Psychology (2nd Edition) By Val Morrison, Paul Bennett Doc

An introduction to Health Psychology (2nd Edition) By Val Morrison, Paul Bennett Mobipocket

An introduction to Health Psychology (2nd Edition) By Val Morrison, Paul Bennett EPub