



# Clinical Manual of Electroconvulsive Therapy

*By Mehul V. Mankad, John L. Beyer, Richard D. Weiner, Andrew Krystal*

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**Clinical Manual of Electroconvulsive Therapy** By Mehul V. Mankad, John L. Beyer, Richard D. Weiner, Andrew Krystal

The authors of Clinical Manual of Electroconvulsive Therapy offer this volume to help psychiatrists successfully incorporate electroconvulsive therapy (ECT) into their clinical practices. ECT remains the definitive treatment for a variety of mental disorders because it is often effective when other treatments fail. The book updates the 1985 original and 1998 second edition of Electroconvulsive Therapy: A Programmed Text, and provides readers with a scheduled approach to understanding the fundamental concepts of ECT while offering practical guidance for establishing and maintaining an ECT program. Included are detailed descriptions of recent advances that have made this very effective treatment much safer and more acceptable to patients. Currently, it is estimated that more than 100,000 people receive ECT treatments each year in the U.S. Indications for use of ECT are for mood disorders such as major depressive disorder and mania, and for thought disorders including schizophrenia and schizoaffective disorder. Indications for use in other psychiatric disorders and general medical disorders are reviewed as well. Patient information sheets and a written consent form are also provided.

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## **Editorial Review**

### **Review**

"The beauty of this book is the authors' ability to condense volumes of information into a manageable format without shortchanging readers. The chapter with instructions on performing ECT is excellent, and the patient information and consent forms in the appendixes are particularly valuable. This will be a useful reference for anyone involved in the referral for or treatment of psychiatrically ill patients with ECT."-- "Doody Enterprises, Inc., Steven T. Herron, M.D.", "August 2010"

### **From the Inside Flap**

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### **About the Author**

Mehul V. Mankad, M.D., is clinical associate in psychiatry and behavioral sciences at Duke University Medical Center and staff psychiatrist at Durham Veterans Affairs Medical Center in Durham, North Carolina. John L. Beyer, M.D., is assistant professor of psychiatry and behavioral sciences at Duke University Medical Center in Durham, North Carolina. Andrew D. Krystal, M.D., M.S., is professor of psychiatry and behavioral sciences at Duke University Medical Center in Durham, North Carolina. Richard D. Weiner, M.D., Ph.D., is professor of psychiatry and behavioral sciences at Duke University Medical Center and chief of the Mental Health Service Line at Durham Veterans Affairs Medical Center in Durham, North Carolina.

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