



Swim Coaching Bible, Volume II, The

By Dick Hannula, Nort Thornton

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For more than a decade, top coaches have turned to one resource time and time again. Collecting the wisdom, insights, and advice from the sport's legendary instructors, *The Swim Coaching Bible* immediately established its place in the libraries of swim coaches around the globe.

Coaches, it's time to make room alongside that classic for a new resource! *The Swim Coaching Bible, Volume II*, picks up where the original left off, providing more instruction, guidance, and expertise on every aspect of the sport.

Inside, you'll learn the secrets, strategies, and philosophies of 27 of today's most successful coaches, including these legendary leaders:

- Jack Bauerle
- George Block
- Mike Bottom
- Bob Bowman
- Sid Cassidy
- John Urbanchek
- Bill Rose
- Vern Gambetta
- David Durden
- Brett Hawke
- Gregg Troy
- John Leonard

- Dick Shoulberg
- David Marsh
- Teri McKeever
- Bill Sweetenham

From developing swimmers to building a winning program, teaching the nuances and refining stroke techniques to applying the latest research to training and conditioning programs, it's all here.

Endorsed by the World Swimming Coaches Association, this new collection is another landmark work in competitive swimming. If you coach the sport or want a competitive edge, *The Swim Coaching Bible, Volume II*, is a must-own.

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