



# A Therapist's Guide to the Personality Disorders: The Masterson Approach: A Handbook and Workbook

*From Zeig, Tucker & Theisen*

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Contributors from the Masterson Institute introduce the fundamental concepts, theories, and treatment approaches of James F. Masterson, synthesizing the material of his 14 books and many articles. The second part is a workbook in the form of a questionnaire to enable practitioners to apply the skill

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