



## Living Through Loss: Interventions Across the Life Span (Foundations of Social Work Knowledge)

By Nancy R. Hooyman, Betty J. Kramer

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**Living Through Loss: Interventions Across the Life Span (Foundations of Social Work Knowledge)** By Nancy R. Hooyman, Betty J. Kramer

*Living Through Loss* is the first book to identify the many ways in which people experience loss over the course of life and to discuss the interventions most effective at each stage of life. The authors' starting point is that loss comes in many forms and can include not only suffering the death of a person one loves but also giving birth to a child with disabilities, living with chronic illness, or being abused, assaulted, or otherwise traumatized. They approach loss from the perspective of the resilience model, which acknowledges the capacity of people to integrate loss into their lives, and write sensitively about the role of age, race, culture, sexual orientation, gender, and spirituality in a person's response to loss. More than a comprehensive source on loss, the volume is distinguished by the authors' beautiful use of clients' experiences-and their own-thus making their book definitive and indelible.

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## **Editorial Review**

### Review

This is an excellent resource... Highly Recommended.

*(Choice)*

This book is both a mine of information and provides an enormous amount of food for thought and reflection. Highly recommended.

(Roger Woodruff, Director of Palliative Care, Austin Health, Melbourne, Australia *International Association for Hospice and Palliative Care News*)

### Review

An exquisitely written, well researched, compassionate, and definitive book on loss and grief for social workers and other practitioners. Hooyman and Kramer share their own poignant stories, reaching down to the deepest level of experience and loss, that serve to illustrate issues faced by bereaved individuals. The book is unique in its lifespan approach to common losses, its integration of the diversity of the human experience, and its focus on recent evidence-based interventions. The section on professional self-awareness and self-care offers concrete strategies for the prevention of some of the challenges in working with the bereaved. All professionals?and I suspect others as well?will benefit from this major achievement.

(Colette V. Browne, University of Hawaii, School of Social Work)

A 'must read' text for social workers and a broad range of professionals who seek the most comprehensive and up-to-date information on this topic. The authors discuss the losses most frequently experienced at each stage, with a companion chapter on current interventions. The book features a sophisticated cultural competence, the latest theories and research findings, a wealth of helpful summary tables, and an exhaustive bibliography...Sets a gold standard for texts on this vital topic.

(Grace H. Christ, Columbia University School of Social Work)

*Living through Loss: Interventions Across the Life Span* is destined to become a classic text. In this sensitively written and well researched work, Hooyman and Kramer blend cutting-edge theory, sound clinical practice, and empirical research with insights emerging from personal experience to create a gift for counselors and social workers. This book needs to be read by any social worker, counselor or clinician seeking to counsel anyone at any age living with loss.

(Kenneth J. Doka, The College of New Rochelle and senior consultant, The Hospice Foundation of America)

Loss is an experience that touches every one of us, regardless of culture, ethnicity, age, gender, or spiritual

beliefs. Yet the way we respond is as individual as each of us. *Living Through Loss* examines many important aspects of loss and grieving that should be understood by all professionals offering support. What makes this book particularly relevant is the personal experiences of the authors that brings the discussion into focus in a very powerful and meaningful way.

(Donald Schumacher, president and CEO, National Hospice and Palliative Care Association)

#### About the Author

Nancy R. Hooyman is the Hooyman Endowed Professor and dean emerita at the University of Washington, School of Social Work. In addition to numerous awards and fellowships, she is the author of eight books and more than one hundred articles. Betty J. Kramer is a professor at the University of Wisconsin-Madison, School of Social Work. She is a nationally recognized social work leader in the field of palliative and end-of-life care, the recipient of numerous awards and honors, and the coeditor of *Men as Caregivers: Theory, Research, and Service Implications*.

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#### Selma McDaniel:

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