



## Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series)

*By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winsor, David A. Warrell*

Download now

Read Online ➔

**Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series)** By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winsor, David A. Warrell

Written by experienced expeditioners, the handbook is organized in to eight main sections and includes information on fieldcraft, diagnosis and treatment of medical problems encountered during an expedition (divided anatomically), environmental hazards, crisis management and issues to be dealt with after returning home. It also covers basic information about how to plan for an expedition, how to keep the expedition members healthy, how to diagnose and manage their medical problems in remote environments and provide brief summaries of medical problems peculiar to different expedition environments.

This pocket-sized book contains all you need to know to minimise health risks, to protect your health and to deal with unexpected medical problems while you are travelling in remote, wilderness areas of the world.

 [Download Oxford Handbook of Expedition and Wilderness Medic ...pdf](#)

 [Read Online Oxford Handbook of Expedition and Wilderness Med ...pdf](#)

# Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series)

*By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winsor, David A. Warrell*

**Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series)** By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winsor, David A. Warrell

Written by experienced expeditioners, the handbook is organized in to eight main sections and includes information on fieldcraft, diagnosis and treatment of medical problems encountered during an expedition (divided anatomically), environmental hazards, crisis management and issues to be dealt with after returning home. It also covers basic information about how to plan for an expedition, how to keep the expedition members healthy, how to diagnose and manage their medical problems in remote environments and provide brief summaries of medical problems peculiar to different expedition environments.

This pocket-sized book contains all you need to know to minimise health risks, to protect your health and to deal with unexpected medical problems while you are travelling in remote, wilderness areas of the world.

**Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series)** By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winsor, David A. Warrell Bibliography

- Sales Rank: #2718433 in Books
- Published on: 2008-11-15
- Ingredients: Example Ingredients
- Original language: English
- Number of items: 1
- Dimensions: 4.20" h x .90" w x 7.10" l, .85 pounds
- Binding: Paperback
- 710 pages

 [Download Oxford Handbook of Expedition and Wilderness Medic ...pdf](#)

 [Read Online Oxford Handbook of Expedition and Wilderness Med ...pdf](#)

**Download and Read Free Online Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell**

---

## **Editorial Review**

### Review

"Whether you are a leather-skinned hardened expedition leader or simply considering travelling to unusual territory a copy of this book tucked into the top of your rucksack will be one piece of extra weight you'll be glad you opted for."--British Journal of Hospital Medicine

### About the Author

Dr Chris Johnson completed an MD in environmental physiology while over-wintering in Antarctica in 1979 as a medical officer for the British Antarctic Survey. On return to the UK he trained as an anaesthetist and now works as a hospital consultant in Bristol. An enthusiastic teacher, he currently holds the post of Regional Adviser for the Royal College of Anaesthetists and writes on aspects of medical education. He maintains an interest in cold weather physiology, is a member of the medical advisory panel to the Royal Geographical Society, and in recent years has travelled in the Yukon, Newfoundland, Greenland, Iceland and Lapland. Sarah is a Consultant in Communicable Disease Control and works in London. She has a long affiliation with expeditioning; her expedition experience includes the outback of Australia, the arctic north of Norway, a variety of trips to Africa and the mountains of Nepal. While at University she led an expedition to Uganda and was President of the Cambridge University Explorers' and Travellers' Club. Sarah is a UK Summer Mountain Leader and medical adviser to the Royal Geographical Society's Medical Cell; she co-edited the book *Expedition Medicine*, and was co-author of *Expedition Health and Safety* - a risk assessment (JRS 2000; 93:557-562). In 2001 Sarah acted as the medical officer to the RGS - Shoals of Capricorn Programme. She has a Diploma in Tropical Medicine and Hygiene and has worked in hospitals in Uganda, Zimbabwe and South Africa, and as a flying doctor in Kenya with AMREF. Sarah has research interests in infectious disease epidemiology and expedition health and safety.

Dr Jon Dallimore MSc MRCGP MCEM DCH DRCOG Dip Mount Med Jon is a General Practitioner and part-time staff doctor in the Emergency Department of Bristol Royal Infirmary.

Jon's expedition experience varies from the deserts of Namibia, Sinai and Northern Kenya to the jungles of Sulawesi, Belize, Thailand and Ecuador, and high altitude climbs and treks to Nepal, Greenland, Pakistan, Iceland, Morocco, East Africa and the Andes. Jon is an International Mountain Leader and a member of faculty on the UIAA Diploma in Mountain Medicine. Jon is medical advisor to five British expedition companies and has research interests in acute mountain sickness and the incidence of illness and injuries on expeditions. He co-founded Wilderness Medical Training in 1991 and runs courses for doctors on expedition medicine in Chamonix, France in January and June each year. Shane Winser runs Geography Outdoors: the centre supporting field research, exploration and outdoor learning at the Royal Geographical Society with IBG which provides advice, information and training to some 750 plus scientific and adventurous expeditions each year. A zoology graduate with a postgraduate diploma in Information Science, she assisted in the planning and organisation of RGS expeditions to the tropical forests of Sarawak and Brunei, the mountains of the Karakoram, and the drylands of western Australia, Kenya and Oman. She is a member of the BSI technical panel for BS 8848:2007 the new British Standard for the provision of visits, fieldwork, expeditions and adventurous activities outside the United Kingdom. David Warrell is Emeritus Professor of Tropical Medicine, University of Oxford. After studying in Oxford and London, he has lived and worked as

physician, teacher and researcher in many tropical countries, founding the Oxford Tropical Medicine Research Network. He edits the Oxford Textbook of Medicine and Essential Malariology and has published research papers, articles and textbook chapters on tropical and infectious diseases, envenoming and poisoning. He is a consultant to the World Health Organization, British Army, Foreign and Commonwealth Office, Medical Research Council and Royal Geographical Society and was president of the Royal Society of Tropical Medicine and Hygiene and International Federation for Tropical Medicine.

## **Users Review**

### **From reader reviews:**

#### **Angela Drew:**

Hey guys, do you desire to find a new book you just read? Maybe the book with the title Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) suitable to you? The actual book was written by well-known writer in this era. The particular book entitled Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) is the main of several books which everyone read now. This book was inspired many men and women in the world. When you read this e-book you will enter the new age that you ever know just before. The author explained their strategy in the simple way, and so all of people can easily comprehend the core of this guide. This book will give you a lot of information about this world now. To help you to see the represented of the world on this book.

#### **Carmen Flood:**

The e-book entitled Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) is the guide that recommended to you you just read. You can see the quality of the e-book content that will be shown to an individual. The language that author use to explain their way of doing something is easily to understand. The article author was did a lot of analysis when write the book, so the information that they share to you is absolutely accurate. You also will get the e-book of Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) from the publisher to make you much more enjoy free time.

#### **Melinda Brown:**

As a student exactly feel bored to help reading. If their teacher inquired them to go to the library or to make summary for some publication, they are complained. Just little students that has reading's internal or real their leisure activity. They just do what the instructor want, like asked to go to the library. They go to at this time there but nothing reading critically. Any students feel that looking at is not important, boring and can't see colorful photos on there. Yeah, it is for being complicated. Book is very important to suit your needs. As we know that on this era, many ways to get whatever we wish. Likewise word says, many ways to reach Chinese's country. Therefore this Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) can make you experience more interested to read.

**Courtney Osteen:**

Book is one of source of information. We can add our information from it. Not only for students but native or citizen need book to know the up-date information of year in order to year. As we know those ebooks have many advantages. Beside many of us add our knowledge, can bring us to around the world. Through the book Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) we can consider more advantage. Don't that you be creative people? To get creative person must love to read a book. Only choose the best book that suited with your aim. Don't become doubt to change your life with that book Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series). You can more pleasing than now.

**Download and Read Online Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell  
#0J26SIP9DEF**

## **Read Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell for online ebook**

Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell books to read online.

## **Online Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell ebook PDF download**

**Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell Doc**

**Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell Mobipocket**

**Oxford Handbook of Expedition and Wilderness Medicine (Oxford Handbooks Series) By Chris Johnson, Sarah Anderson, Jon Dallimore, Shane Winser, David A. Warrell EPub**