



Fat, Stupid, Ugly: One Woman's Courage to Survive

By Debrah Constance, J.I. Kleinberg

Download now

Read Online ➔

Fat, Stupid, Ugly: One Woman's Courage to Survive By Debrah Constance, J.I. Kleinberg

In the spirit of *A Child Called "It"* comes an amazing story of resilience from a woman who triumphed over child abuse, cancer, and alcoholism to founder of A Place Called Home.

"I began life, it would seem, as some kind of Grimm's fairy tale creature, large and oafish, undesirable, grossly imperfect. Neatly penned in my baby book were the words, 'Debbie was a fat, unattractive baby.' Fat and ugly aside, my life was fairly normal for a couple of years. It would be a while before the abuse began. Before the smoking and pills, the rage and rebellion, the alcoholism and cancer, the broken marriages.

In those first uncomplicated years I could have set out on any of a dozen different paths toward an orderly life . . . it was not to be. . . . But this is not a story of defeat."

This is a book about surviving. It's about hope. It's about how each of us—ordinary, imperfect, damaged—can dream and heal. This book weaves the humorous, often outrageous, always courageous tapestry of Debrah Constance's life. Voted Woman of the Year by the State of California Legislature for founding A Place Called Home, (APCH) an organization providing services to at-risk inner-city kids in South Los Angeles, she proves that anyone can rise above life's obstacles and make a better life for themselves—and others.

↓ [Download Fat, Stupid, Ugly: One Woman's Courage to Sur ...pdf](#)

📖 [Read Online Fat, Stupid, Ugly: One Woman's Courage to S ...pdf](#)

Fat, Stupid, Ugly: One Woman's Courage to Survive

By Debrah Constance, J.I. Kleinberg

Fat, Stupid, Ugly: One Woman's Courage to Survive By Debrah Constance, J.I. Kleinberg

In the spirit of *A Child Called "It"* comes an amazing story of resilience from a woman who triumphed over child abuse, cancer, and alcoholism to founder of A Place Called Home.

"I began life, it would seem, as some kind of Grimm's fairy tale creature, large and oafish, undesirable, grossly imperfect. Neatly penned in my baby book were the words, 'Debbie was a fat, unattractive baby.' Fat and ugly aside, my life was fairly normal for a couple of years. It would be a while before the abuse began. Before the smoking and pills, the rage and rebellion, the alcoholism and cancer, the broken marriages.

In those first uncomplicated years I could have set out on any of a dozen different paths toward an orderly life . . . it was not to be. . . . But this is not a story of defeat."

This is a book about surviving. It's about hope. It's about how each of us-ordinary, imperfect, damaged-can dream and heal. This book weaves the humorous, often outrageous, always courageous tapestry of Debrah Constance's life. Voted Woman of the Year by the State of California Legislature for founding A Place Called Home, (APCH) an organization providing services to at-risk inner-city kids in South Los Angeles, she proves that anyone can rise above life's obstacles and make a better life for themselves-and others.

Fat, Stupid, Ugly: One Woman's Courage to Survive By Debrah Constance, J.I. Kleinberg
Bibliography

- Sales Rank: #785567 in Books
- Brand: Unknown
- Published on: 2004-09-01
- Released on: 2004-09-01
- Original language: English
- Number of items: 1
- Dimensions: 8.54" h x .57" w x 5.60" l, .56 pounds
- Binding: Paperback
- 300 pages

 [Download Fat, Stupid, Ugly: One Woman's Courage to Sur ...pdf](#)

 [Read Online Fat, Stupid, Ugly: One Woman's Courage to S ...pdf](#)

Editorial Review

From Publishers Weekly

The most compelling part of this book relates how Constance, who was named California's Woman of the Year in 1994, founded A Place Called Home— a youth center in South-Central Los Angeles that has become a refuge for inner-city gang members and gives them a chance to turn their lives around. APCH delivers many needed services, largely thanks to the author's hard work and commitment. Those who come through the doors can sign up for art, dance and music classes, homework help, sports and access to computers. But the bulk of this memoir is devoted to the author's struggle to deal with her father's sexual abuse; her mother's characterization of her as a fat, unattractive baby; three failed marriages; other troubled relationships; alcoholism, agoraphobia, smoking, a bout with cancer; and a traffic accident that nearly killed her. The author became sober through AA, forged a successful reunion with her alienated son and is currently in a loving relationship with a female partner. Although Constance has clearly overcome horrendous problems to get where she is today and should be applauded for her work with troubled teens, the detailed, artless and somewhat simplistic account of each obstacle is more numbing than inspiring.

Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

Review

A tremendously well written book with an inspiring message: From the hundreds of manuscripts we receive that are similar to A Child Called "It," this shone the brightest because of the special quality of writing and what the author has accomplished.

About the Author

Debrah Constance founded A Place Called Home in 1993. APCH now offers its youth members many programs including an all-day school in collaboration with the Los Angeles Unified School District; computer lab; music; art; dance; tutoring and mentoring. In September of 1996, with a growth in membership to 400, APCH moved to its present location—a 10,000-square-foot facility that serves over 4,000 children.

J.I. Kleinberg is a freelance writer whose clients include individuals and corporations in the travel, healthcare, and design/print industries as well as a wide range of other businesses.

Users Review

From reader reviews:

James Crow:

What do you consider book? It is just for students because they're still students or the idea for all people in the world, the actual best subject for that? Merely you can be answered for that concern above. Every person has diverse personality and hobby for each and every other. Don't to be forced someone or something that they don't wish do that. You must know how great and also important the book Fat, Stupid, Ugly: One Woman's Courage to Survive. All type of book are you able to see on many sources. You can look for the internet resources or other social media.

Ruby Chartrand:

Now a day individuals who Living in the era wherever everything reachable by talk with the internet and the resources within it can be true or not require people to be aware of each details they get. How individuals to be smart in obtaining any information nowadays? Of course the answer then is reading a book. Reading through a book can help people out of this uncertainty Information specifically this Fat, Stupid, Ugly: One Woman's Courage to Survive book since this book offers you rich info and knowledge. Of course the knowledge in this book hundred per cent guarantees there is no doubt in it as you know.

Hermelinda Anthony:

The e-book with title Fat, Stupid, Ugly: One Woman's Courage to Survive has lot of information that you can study it. You can get a lot of profit after read this book. That book exist new understanding the information that exist in this book represented the condition of the world today. That is important to yo7u to learn how the improvement of the world. This specific book will bring you with new era of the the positive effect. You can read the e-book in your smart phone, so you can read this anywhere you want.

Mary Curtis:

Reading a book being new life style in this yr; every people loves to go through a book. When you learn a book you can get a large amount of benefit. When you read publications, you can improve your knowledge, since book has a lot of information into it. The information that you will get depend on what forms of book that you have read. If you want to get information about your research, you can read education books, but if you want to entertain yourself you can read a fiction books, these us novel, comics, in addition to soon. The Fat, Stupid, Ugly: One Woman's Courage to Survive offer you a new experience in looking at a book.

**Download and Read Online Fat, Stupid, Ugly: One Woman's
Courage to Survive By Debrah Constance, J.I. Kleinberg
#A9VH870D32R**

Read Fat, Stupid, Ugly: One Woman's Courage to Survive By Debrah Constance, J.I. Kleinberg for online ebook

Fat, Stupid, Ugly: One Woman's Courage to Survive By Debrah Constance, J.I. Kleinberg Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Fat, Stupid, Ugly: One Woman's Courage to Survive By Debrah Constance, J.I. Kleinberg books to read online.

Online Fat, Stupid, Ugly: One Woman's Courage to Survive By Debrah Constance, J.I. Kleinberg ebook PDF download

Fat, Stupid, Ugly: One Woman's Courage to Survive By Debrah Constance, J.I. Kleinberg Doc

Fat, Stupid, Ugly: One Woman's Courage to Survive By Debrah Constance, J.I. Kleinberg Mobipocket

Fat, Stupid, Ugly: One Woman's Courage to Survive By Debrah Constance, J.I. Kleinberg EPub