

Psycho-Cybernetics

By Maxwell Maltz M.D. F.I.C.S., Dan S. Kennedy

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Dr. Maxwell Maltz was a renowned pioneer in plastic surgery when he noticed that while the outward changes to his patients were a success, an inner healing and transformation was necessary for them to achieve the life changes they were seeking. *Psycho-Cybernetics* is a masterful synthesis of proven psychological and physiological processes, which took Dr. Maltz 29 years of research and testing to develop. His groundbreaking work, *Psycho-Cybernetics*, has become an all-time classic in the field of self-image psychology.

Since its first publication, this book has inspired and helped millions to achieve ambitious and life-changing goals. Recently revised and updated, this unabridged audio edition of *Psycho-Cybernetics* remains true to Dr. Maltz's visionary approach and proven groundbreaking techniques. These techniques that will lead to a dynamic new self-image, greater self-esteem, and the means to achieve a lifetime of success and happiness.

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Editorial Review

About the Author

Maxwell Maltz, M.D., F.I.C.S. was one of the most important and renowned authors in the field of psychology. His books include *Creative Living for Today*, *The Magic Power of Self-Image Psychology*, and the bestseller *Dr. Pygmalion*. A brilliant plastic surgeon, he was also an internationally renowned professor and lecturer.

Paul Michael has narrated nearly 50 audiobooks and has been nominated twice for an Audie award. Some of his most popular recordings include Dan Brown's *The Da Vinci Code and Inferno*, *The Tristan Betrayal*, *Hollywood Tough*, *Sons of Fortune*, and *Second Spring*. He was born and raised in Vancouver, Canada where he performed on stage, radio, and TV including a regular role on the TV series *The Beachcombers*.

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Dana Martin:

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