



Be Careful What You Pray For... You Just Might Get It

By Larry Dossey

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Having established the scientific link between and healing in prayer his previous bestselling books. Dr Larry Dossey -- the nation's fore-most authority and most sought-after speaker on the subject -- takes the logical next step in documenting the full range of prayer's power. Just as people can use prayer to positively affect health and healing, it is also absolutely possible to use prayer for negative and destructive means. Through fascinating true stories, case histories, and solid scientific evidence, Dossey illustrates the different kinds of negative prayer -- including tainted prayer and malevolent prayer -- and explores why they exist and how many of us wield them, often unconsciously, against ourselves and others. He also discusses the ethics of prayer and offers practical suggestions for protecting ourselves from harmful prayer in a straightforward, highly readable style that artfully blends science and psychology. For the thousands who have already begun to explore the spiritual dimension of health and healing, and those who want all the information available on the scientifically documented phenomenon of prayer, *Toxic Prayer* is a necessary addition to the list of required reading.

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Editorial Review

Review

"A solid work of scholarship, a thoughtful and significant book." -- *NAPRA Review*

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"Brilliant, poetic, scholarly...The imperative is urgent and clear: we must assume a high level of responsibility for our negative and hurtful thoughts, wishes, and prayers for one another." -- *Jeanne Achterberg, Ph.D., coauthor of Rituals of Healing*

"With penetrating insight and meticulous research, Dr. Dossey revels the power of prayer to harm as well as to help. This book will forever change how you think and what you pray for." -- *Joan Borysenko, Ph.D., author of Minding the Body, Mending the Mind*

About the Author

Larry Dossey, M.D., is former co-chair of the panel on Mind/Body Interventions, Office of Alternative Medicine, National Institutes of Health. He has appeared on dozens of national television shows, including *Dateline*, *Larry King Live* and *The Oprah Winfrey Show*, is a frequent radio guest, and is often quoted in the national press. He lives in Santa Fe, NM.

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