



The Artist's Way Every Day: A Year of Creative Living

By Julia Cameron

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The Artist's Way Every Day: A Year of Creative Living By Julia Cameron

This new book from the author of the international bestseller *The Artist's Way* guides readers through a year of cultivating a deeper connection to their creative selves.

The Artist's Way has touched the lives of millions of people around the world. Now, for the first time, fans will have a beautifully designed daily companion to the author's life-changing creative process.

With 365 quotations culled from Julia Cameron's most vital works on the creative process, this elegant little book can easily be carried along as the reader travels her groundbreaking spiritual path to higher creativity. In her introduction to the book, Cameron reveals the importance of cultivating one's creativity every day and offers stunning new insights on the relationship between creativity and spirituality.

As the world becomes increasingly challenging to navigate, *The Artist's Way Every Day* will serve as a daily reminder of the healing power of creativity to nourish the soul.

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Editorial Review

Review

“I’ve been a huge fan of Julia Cameron’s work since I first delved into **THE ARTIST’S WAY** over a decade ago. Since then she’s continued to create a series of inspirational books, the latest of which is **THE ARTIST’S WAY EVERY DAY**, a wonderful collection of meditations and daily inspiration. A great addition to any collection of meditation and inspirational materials, Ms. Cameron’s new offering is sure to guide you in a new direction.”

--Dishmag.com

“Now, Cameron’s most vital work is accessible in a daily guide. Intended for study for the course of a year, **THE ARTIST’S WAY EVERY DAY** extracts the essential teachings from Cameron’s groundbreaking work and assigns them to each of the 365 days.”

--Business Woman

Praise for THE ARTIST'S WAY...

“**THE ARTIST’S WAY** by Julia Cameron is not exclusively about writing—it is about discovering and developing the artist within whether a painter, poet, screenwriter or musician—but it is a *lot* about writing. If you have always wanted to pursue a creative dream, have always wanted to play and create with words or paints, this book will gently get you started and help you learn all kinds of paying-attention techniques; and that, after all, is what being an artist is all about. It’s about learning to pay attention.”

--Anne Lamott, Mademoiselle

“The premise of the book is that creativity and spirituality are the same thing, they come from the same place. And we were created to use this life to express our individuality, and that over the course of a lifetime that gets beaten out of us. [**THE ARTIST’S WAY**] helped me put aside my fear and not worry about whether the record would be commercial.”

--Grammy award-winning singer Kathy Mattea

“Julia Cameron brings creativity and spirituality together with the same kind of step-by-step wisdom that Edgar Cayce encouraged. The result is spiritual creativity as a consistent and nourishing part of daily life.”

--Venture Inward

“I never knew I was a visual artist until I read Julia Cameron’s **THE ARTIST’S WAY**.”

--Jannene Behl in Artist’s Magazine

“Julia Cameron’s landmark book **THE ARTIST’S WAY** helped me figure out who I really was as an adult, not so much as an artist but as a person. And award-winning journalist and poet, Cameron’s genius is that she doesn’t tell readers what they should do to achieve or who they should be—instead she creates a map for readers to start exploring these questions themselves.”

--Michael F. Melcher, Law Practice magazine

“This is not a self-help book in the normative sense. It is simply a powerful book that can challenge one to move into an entirely different state of personal expression and growth.”

--Nick Maddox, Deland Beacon

“**THE ARTIST’S WAY** (with its companion volume **THE ARTIST’S WAY MORNING PAGES JOURNAL**) becomes a friend over time, not just a journal. Like a journal, it provokes spontaneous insights and solutions; beyond journaling, it establishes a process that is interactive and dynamic.”

--Theresa L. Crenshaw, M.D., San Diego Union-Tribune

“If you really want to supercharge your writing, I recommend that you get a copy of Julia Cameron’s book **THE ARTIST’S WAY**. I’m not a big fan of self-help books, but this book has changed my life for the better and restored my previously lagging creativity.”

--Jeffrey Bairstow, Laser Focus World

“Working with the principle that creative expression is the natural direction of life, Cameron developed a three month program to recover creativity. **THE ARTIST’S WAY** shows how to tap into the higher power that connects human creativity and the creative energies of the universe.”

--Mike Gossie, Scottsdale Tribune

“**THE ARTIST’S WAY** is the seminal book on the subject of creativity and an invaluable guide to living the artistic life. Still as vital today—or perhaps even more so—than it was when it was first published in 1992, it is a provocative and inspiring work. Updated and expanded, it reframes **THE ARTIST’S WAY** for a new century.”

--Branches of Light

“**THE ARTIST’S WAY** has sold over 3 million copies since its publication in 1992. Cameron still teaches it because there is sustained demand for its thoughtful, spiritual approach to unblocking and nurturing creativity. It is, dare we say, timeless.”

--Nancy Colasurdo, FOXBusiness

Praise for VEIN OF GOLD, the second volume in the ARTIST’S WAY trilogy

“For those seeking the wellspring of creativity, this book, like its predecessor, is a solid gold diving rod.”

--PUBLISHERS WEEKLY

About the Author

Julia Cameron has been an active artist for more than thirty years. She is the author of twenty-eight books, fiction and nonfiction, including her bestselling works on the creative process: *The Artist's Way*, *Walking in This World*, *Finding Water*, and *The Writing Diet*. A novelist, playwright, songwriter, and poet, she has multiple credits in theater, film, and television.

Users Review

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Verna Tubbs:

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Ronald Meyers:

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