

# The Complete Adult Psychotherapy Treatment Planner (Practice Planners)

By Jr. Arthur E. Jongsma, L. Mark Peterson

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A new edition of the bestselling The Complete Psychotherapy Treatment Planner, this invaluable sourcebook supplies all of the essential building blocks you need to create focused, formal treatment plans that satisfy all of the demands of HMOs, managed care companies, third-party payers, and state and federal review agencies. This expanded edition covers 39 main presenting problems ranging from anxiety, to depression, to obsessive compulsive disorder, to sexual abuse, and features:

- Over 1,500 well-crafted statements describing the behavioral manifestations of each problem, long-term goals, short-term objectives, and clinically tested treatment options
- A sample plan that can be emulated in writing plans that meet all requirements of third-party payers and accrediting agencies, including the JCAHO
- A quick-reference format—allows you to locate treatment plan components by behavioral problem or DSM-IV™ diagnosis
- Large workbook-style pages affording plenty of space to record your own customized goals, objectives, and interventions


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