



## The Twenty Guiding Principles of Karate: The Spiritual Legacy of the Master

By Gichin Funakoshi, Jotaro Takagi

Download now

Read Online ➔

### The Twenty Guiding Principles of Karate: The Spiritual Legacy of the Master By Gichin Funakoshi, Jotaro Takagi

Gichin Funakoshi, "the father of karate," once said that "the ultimate aim of karate lies not in victory nor defeat, but in the perfection of the character of its participants."

📄 [Download The Twenty Guiding Principles of Karate: The Spiri ...pdf](#)

📖 [Read Online The Twenty Guiding Principles of Karate: The Spi ...pdf](#)

# The Twenty Guiding Principles of Karate: The Spiritual Legacy of the Master

*By Gichin Funakoshi, Jotaro Takagi*

**The Twenty Guiding Principles of Karate: The Spiritual Legacy of the Master** By Gichin Funakoshi, Jotaro Takagi

Gichin Funakoshi, "the father of karate," once said that "the ultimate aim of karate lies not in victory nor defeat, but in the perfection of the character of its participants."

**The Twenty Guiding Principles of Karate: The Spiritual Legacy of the Master** By Gichin Funakoshi, Jotaro Takagi **Bibliography**

- Sales Rank: #963588 in Books
- Brand: Gichin Funakoshi
- Published on: 2003-11-07
- Original language: English
- Number of items: 1
- Dimensions: 5.50" h x .60" w x 7.50" l, .60 pounds
- Binding: Hardcover
- 128 pages

 [Download The Twenty Guiding Principles of Karate: The Spi ...pdf](#)

 [Read Online The Twenty Guiding Principles of Karate: The Spi ...pdf](#)

## Download and Read Free Online The Twenty Guiding Principles of Karate: The Spiritual Legacy of the Master By Gichin Funakoshi, Jotaro Takagi

---

### Editorial Review

#### Review

"Whether or not you practice the martial arts, they make a great deal of sense, and will take you far, as a philosophy of life." -BookLoons Reviews  
"While focused on the practice and application of martial arts, this book's 'pursuit of the way' has myriad applications for less physical forms of combat, work-related or otherwise" -Publishers Weekly  
"Filled with philosophical musings, fascinating historical episodes, and advice for anyone seeking a better way." -Rafu Shimpo  
"The Master insists on a training that involves both mind and body, to create a karate-do, a karate way." -Asian Week

#### From the Publisher

Gichin Funakoshi, "the father of karate," once said that "the ultimate aim of karate lies not in victory nor defeat, but in the perfection of the character of its participants."

To support this life-long stance and offer guidance to future practitioners, he penned his now legendary twenty principles. While the principles have circulated for years, a translation of the accompanying commentary has never found its way into publication--until now.

Master Funakoshi's approach stresses spiritual considerations and mental agility over brute strength and technique. Practitioners should not rely on technique alone--striking, kicking, blocking--but must nurture the spiritual aspects of their practice as well. Attend to yourself and the rest will follow, was the message he set for posterity over sixty years ago.

As axioms, Funakoshi's principles are open to various interpretations. "There is no first attack in karate" has occasioned endless discussion about its true meaning. Many of these ambiguities are clarified in the commentary, which is also filled with philosophical musings, fascinating historical episodes, and advice for anyone seeking a better Way.

Translated for the first time into English by John Teramoto, a karate practitioner himself, and accompanied by original calligraphy, this long-awaited treatise is a provocative read and, for martial arts enthusiasts, a long overdue godsend.

#### About the Author

GICHIN FUNAKOSHI (1868-1957) is one of karate's great masters. Born in Okinawa, the birthplace of karate, he began training in the secret martial art as a child. In 1922, at the request of the Japanese government, he demonstrated the still-secret Okinawan art of self-defence on the Japanese mainland, which led to karate's introduction to the rest of Japan and subsequently the rest of the world. Funakoshi devoted the remainder of his life to this traditional sport and wrote several classics on the subject, including *Karate-do Kyohan* and *Karate Jutsu*, as well as an autobiography entitled *Karate-do: My Way of Life*.

GENWA NAKASONE (1895-1978), between stints as a schoolteacher and a politician, was an editor and publisher of books on karate and martial arts, among them *Karate-do Taikan*, a ground-breaking compendium of karate texts and documents. Born in Okinawa, he was an early supporter of Funakoshi, and in an ideal position to compile accurate annotations of the master's twenty principles.

JOHN TERAMOTO was born in Los Angeles, California, and began karate training at the age of 13 under Tsutomu Oshima, reaching the rank of godan in 1990. Since 1998, he has served as the president of Shotokan Karate of America's Black Belt Council.

## **Users Review**

### **From reader reviews:**

#### **Winston Nakashima:**

The book The Twenty Guiding Principles of Karate: The Spiritual Legacy of the Master can give more knowledge and information about everything you want. So just why must we leave a very important thing like a book The Twenty Guiding Principles of Karate: The Spiritual Legacy of the Master? Some of you have a different opinion about e-book. But one aim this book can give many info for us. It is absolutely proper. Right now, try to closer along with your book. Knowledge or info that you take for that, you may give for each other; you can share all of these. Book The Twenty Guiding Principles of Karate: The Spiritual Legacy of the Master has simple shape nevertheless, you know: it has great and big function for you. You can appearance the enormous world by wide open and read a guide. So it is very wonderful.

#### **Shirley Joy:**

Now a day folks who Living in the era wherever everything reachable by connect to the internet and the resources inside can be true or not need people to be aware of each data they get. How people have to be smart in acquiring any information nowadays? Of course the reply is reading a book. Examining a book can help persons out of this uncertainty Information specially this The Twenty Guiding Principles of Karate: The Spiritual Legacy of the Master book since this book offers you rich info and knowledge. Of course the knowledge in this book hundred % guarantees there is no doubt in it you know.

#### **Henry Hedrick:**

Hey guys, do you wishes to finds a new book to study? May be the book with the concept The Twenty Guiding Principles of Karate: The Spiritual Legacy of the Master suitable to you? The actual book was written by renowned writer in this era. Typically the book untitled The Twenty Guiding Principles of Karate: The Spiritual Legacy of the Master is a single of several books that will everyone read now. This particular book was inspired many people in the world. When you read this reserve you will enter the new shape that you ever know before. The author explained their strategy in the simple way, and so all of people can easily to recognise the core of this e-book. This book will give you a lot of information about this world now. To help you see the represented of the world in this book.

#### **Timothy Wrobel:**

In this era globalization it is important to someone to acquire information. The information will make professionals understand the condition of the world. The healthiness of the world makes the information quicker to share. You can find a lot of sources to get information example: internet, magazine, book, and soon. You will see that now, a lot of publisher which print many kinds of book. The actual book that

recommended for you is The Twenty Guiding Principles of Karate: The Spiritual Legacy of the Master this e-book consist a lot of the information on the condition of this world now. That book was represented how does the world has grown up. The language styles that writer use to explain it is easy to understand. Often the writer made some analysis when he makes this book. Honestly, that is why this book ideal all of you.

**Download and Read Online The Twenty Guiding Principles of Karate: The Spiritual Legacy of the Master By Gichin Funakoshi, Jotaro Takagi #HCPZLV0UNBE**

# **Read The Twenty Guiding Principles of Karate: The Spiritual Legacy of the Master By Gichin Funakoshi, Jotaro Takagi for online ebook**

The Twenty Guiding Principles of Karate: The Spiritual Legacy of the Master By Gichin Funakoshi, Jotaro Takagi Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Twenty Guiding Principles of Karate: The Spiritual Legacy of the Master By Gichin Funakoshi, Jotaro Takagi books to read online.

## **Online The Twenty Guiding Principles of Karate: The Spiritual Legacy of the Master By Gichin Funakoshi, Jotaro Takagi ebook PDF download**

**The Twenty Guiding Principles of Karate: The Spiritual Legacy of the Master By Gichin Funakoshi, Jotaro Takagi Doc**

**The Twenty Guiding Principles of Karate: The Spiritual Legacy of the Master By Gichin Funakoshi, Jotaro Takagi Mobipocket**

**The Twenty Guiding Principles of Karate: The Spiritual Legacy of the Master By Gichin Funakoshi, Jotaro Takagi EPub**