

Preventive Cardiology: A Companion to Braunwald's Heart Disease

By Roger Blumenthal, JoAnne Foody, Nathan D. Wong

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Endorsed by the American Society for Preventive Cardiology! Preventive Cardiology - a new Companion to Braunwald's Heart Disease - addresses the prevention and risk stratification of cardiovascular disease so that you can delay the onset of disease and moderate the effects and complications. Drs. Roger Blumenthal, JoAnne Foody, and Nathan Wong discuss the full range of relevant considerations, including the epidemiology of heart disease, risk assessment, risk factors, multiple risk factor-based prevention strategies, and developments in genetics and personalized medicine. This authoritative reference gives you the clinically relevant information you need for the effective prevention of cardiovascular disease.

- Recognize the factors for prevention and risk stratification around cardiovascular disease and effectively delay the onset of disease and moderate the effects and complications, even for individual who are genetically predisposed.
- Effectively navigate full range of considerations in prevention from epidemiology of heart disease, biology of atherosclerosis and myocardial infraction, risk assessment—established risk factors and emerging risk factors, multiple risk factor-based prevention strategies, and future directions—through genetics, personalized medicine, and much more.
- Tap into the expertise of prominent leaders in cardiovascular disease prevention with guidance from Drs. Roger Blumenthal—longtime director of the Framingham Heart Study—JoAnne Foody, and Nathan Wong.
- Gain a deeper understanding of the pathogenesis of disease and the rationale for management through discussions of basic science.
- Apply current clinical practice guidelines to ensure optimal outcomes in both primary and secondary prevention.

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Editorial Review

Review

"This book provides a comprehensive account of the past, current, and future developments in the field of preventive cardiology, enriched with landmark clinical trials, contemporary guidelines, and widely accepted clinical practices.

This well-written book focuses on understanding preventive cardiovascular disease on both a basic science and clinic level. It reflects current management guidelines and evidence-based clinical practices in the field of preventive cardiology, and will serve as comprehensive guide for clinicians." - Saima Karim, D.O.(Ochsner Clinic Foundation), Excerpts from Doody's Review Service, Rating - 4 Stars!

About the Author

Blumenthal is an associate professor of medicine in the Division of Cardiology at the Johns Hopkins Hospital in Baltimore, Maryland. Dr. Blumenthal graduated with honors from Johns Hopkins University. He received his medical degree from Cornell University Medical College, where he was awarded the Weiss Prize for Excellence in Clinical Medicine. He did his Internal Medicine and Cardiology fellowship training at Johns Hopkins Hospital and then joined the medical school faculty. Dr. Blumenthal was the principal developer of The Johns Hopkins Ciccarone Center for the Prevention of Heart Disease.

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