



The One Minute Mother

By Spencer, M.D. Johnson, Candle Communications

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This heartfelt parable begins where most mothers are, and then takes them where they want to be. Starting with nurturing and understanding, the young mother-to-be in Dr. Johnson's story learns how to help her children acquire self-discipline and discovers a simple way to encourage them to achieve in the world.

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Editorial Review

Amazon.com Review

Not for mothers only! This parable begins where most parents are and takes them to where they want to be. Learn how to become an effective disciplinarian using nurturing and understanding, and how to help your children achieve their goals. The three simple techniques outlined in this book really **can** help you become a better, more complete parent.

Review

... a masterpiece in the art of communication. Dr. Johnson has the rare ability to be interesting, provocative, and succinct. My admiration is complete. -- *Dr. Norman Vincent Peale*

About the Author

Spencer Johnson, MD, is one of the most admired thought leaders and widely read authors in the world. His books, including the #1 bestseller *Who Moved My Cheese?*, are embedded in our language and culture. Called "The King of Parables" by *USA Today*, Dr. Johnson is often referred to as the best there is at taking complex subjects and presenting simple solutions that work. His brief books contain insights and practical tools that millions of people use to enjoy more happiness and success with less stress. Over 50 million copies of Spencer Johnson's books are in use worldwide in 47 languages.

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Jerry Bates:

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