



Reaching to Heaven

By James Van Praagh

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"Reaching to Heaven" continues the exploration of the "other world" that began with the bestselling "Talking to Heaven". Complete with van Praagh's famous psychic sessions, this audiobook emphasizes the practical side of his work and engages listeners interactively, with specific exercises to help them realize their psychic potential.

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Editorial Review

Amazon.com Review

Professional medium James Van Praagh (*Talking to Heaven*) offers a guidebook for the living, which charts the course of the soul as it journeys through life, death, and rebirth. Beyond his psychic gifts, Van Praagh has a gift for simplifying complex spiritual ideas and writing about them in a conversational tone. Most appealing for Van Praagh fans are his detailed theories on death and the afterlife. For example, when people die sudden deaths, Van Praagh reports, spirits of the dead often linger over their bodies, unable to comprehend what has happened (but still able to see and hear everything that is being done and said around the corpse). This is why spirits of the already-deceased are so useful in helping the dead transition to the other side.

Speaking of the afterlife, or heaven, Van Praagh writes:

In the higher realms everyone is on the same level of spiritual understanding, like a symphony of beings in tune with one another. For some this may mean a reunion with members of their earth family. For others it could be a meeting with former friends and lovers from previous incarnations.

Finally, Van Praagh returns to his fascinating stories of channeling the deceased to illustrate how the living can stay on task with their *raison d'être*. If we want to help our souls along on their eternal journeys toward enlightenment, then we must remove the emotional obstacles that are blocking their paths, says Van Praagh, who devotes entire chapters to guilt, fear, forgiveness, and love. --*Gail Hudson*

About the Author

Praagh is a world-famous medium who is renowned for conveying messages and conversations between worlds. He has appeared on numerous radio and television programmes, and was resident expert on NBC's *The Other Side*. He lives in Los Angeles.

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Van Praagh begins with some elementary principles familiar to most students of metaphysics. While he relies on these spiritual touchstones and even resorts to aphorisms and basic guidelines for living in attunement with God, Van Praagh seasons his lecture with remarkable accounts of his contact with the souls of the dead. We learn what the afterlife may look like and how one spends time there. A recurring theme is forgiveness by and for the dead, once they contact the living. Van Praagh has been lambasted by some as a charlatan becoming wealthy on people's hopes and fears. But the author seems truly concerned with his listeners' evolution and happiness. D.J.B. © AudioFile 2003, Portland, Maine-- *Copyright © AudioFile, Portland, Maine*

Users Review

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