



# Yoga and Yogic Powers: Principles of Releasing Mental Powers

*By Yogi Gupta*

Download now

Read Online ➔

## **Yoga and Yogic Powers: Principles of Releasing Mental Powers** By Yogi Gupta

YOGA AND YOGIC POWERS is the first book of its kind ever written on Yoga that provides such penetrating insight into the thinking, life and powers of the Hindu Yogis. It also tells the readers unknown facts about themselves which they must know, if they wish to remedy the cause of their physical, mental and emotional problems. The book is so profusely illustrated with examples, experiences and guidance from the author's own life, that the reader will not only find it a deep fascinating study of the mind and its powers, but also a warm inspiring story of one of the great Yogis of India, who taught in the United States from 1954 to 2009. Yogi Gupta was the president of the Kailashananda Mission, in Rishikesh, India, whose principal aim is to promote greater friendship between the two great democracies - The Republic of the United States of America and The Republic of India. The author reveals the innermost thoughts of millions of Hindus, their way of life, and their mystic experiences, and by broadening and deepening the reader's understanding of them he thus prepares a fertile ground for greater friendship between the two great nations. Avoiding the dry scholarly approach to his subject, Yogi Gupta explains and shows in an impressively simple yet scientific way, how an average person today may utilize the principles of developing and releasing powers of the mind for more successful and harmonious living. This science of Mental Culture (Yogic Powers), which was practiced and perfected and taught by the ancient Yogis in India 6,000 years ago, is vividly expounded in such chapters as: The Miracles of the Mind, Psychic Anesthesia, Saints with Psychic Powers, Mind's and Soul's Life in Space, Your Guardian Angel, Impulsive Urge For Wrong Doing, Fame and Fortune by Psychic Means, Protective Aura against Psychic Attack, Supersensory Perception, The Materialization of Masters at Will and Their Controlling the World's Destiny, plus a Two Month Course in Psychic Phenomena and a Two Year Course in Divine Perception - with full page photographs of the author. The author was the director of the Yogi Gupta New York Center, where he held regular lectures, classes and offered personal guidance to his disciples on the Path, to facilitate the comprehension and practice of these teachings in the West. This second edition has been completely re-typeset and re-indexed

 [\*\*Download\*\* Yoga and Yogic Powers: Principles of Releasing Men ...pdf](#)

 [\*\*Read Online\*\* Yoga and Yogic Powers: Principles of Releasing M ...pdf](#)

# Yoga and Yogic Powers: Principles of Releasing Mental Powers

*By Yogi Gupta*

## Yoga and Yogic Powers: Principles of Releasing Mental Powers By Yogi Gupta

YOGA AND YOGIC POWERS is the first book of its kind ever written on Yoga that provides such penetrating insight into the thinking, life and powers of the Hindu Yogis. It also tells the readers unknown facts about themselves which they must know, if they wish to remedy the cause of their physical, mental and emotional problems. The book is so profusely illustrated with examples, experiences and guidance from the author's own life, that the reader will not only find it a deep facinating study of the mind and its powers, but also a warm inspiring story of one of the great Yogis of India, who taught in the United States from 1954 to 2009. Yogi Gupta was the president of the Kailashananda Mission, in Rishikesh, India, whose principal aim is to promote greater friendship between the two great democracies - The Republic of the United States of America and The Republic of India. The author reveals the innermost thoughts of millions of Hindus, their way of life, and their mystic experiences, and by broadening and deepening the reader's understanding of them he thus prepares a fertile ground for greater friendship between the two great nations. Avoiding the dry scholarly approach to his subject, Yogi Gupta explains and shows in an impressively simple yet scientific way, how an average person today may utilize the principles of developing and releasing powers of the mind for more successful and harmonious living. This science of Mental Culture (Yogic Powers), which was practiced and perfected and taught by the ancient Yogis in India 6,000 years ago, is vividly expounded in such chapters as: The Miracles of the Mind, Psychic Anesthesia, Saints with Psychic Powers, Mind's and Soul's Life in Space, Your Guardian Angel, Impulsive Urge For Wrong Doing, Fame and Fortune by Psychic Means, Protective Aura against Psychic Attack, Supersensory Perception, The Materialization of Masters at Will and Their Controlling the World's Destiny, plus a Two Month Course in Psychic Phenomena and a Two Year Course in Divine Perception - with full page photographs of the author. The author was the director of the Yogi Gupta New York Center, where he held regular lectures, classes and offered personal guidance to his disciples on he Path, to facilitate the comprehension and practice of these teachings in the West. This second edition has been completely re-typeset and re-indexed

## Yoga and Yogic Powers: Principles of Releasing Mental Powers By Yogi Gupta Bibliography

- Rank: #779910 in Books
- Published on: 2014-10-06
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .82" w x 6.00" l, 1.07 pounds
- Binding: Paperback
- 328 pages

 [Download Yoga and Yogic Powers: Principles of Releasing Men ...pdf](#)

 [Read Online Yoga and Yogic Powers: Principles of Releasing M ...pdf](#)



## **Download and Read Free Online Yoga and Yogic Powers: Principles of Releasing Mental Powers By Yogi Gupta**

---

### **Editorial Review**

#### **About the Author**

YOGI Gupta was born at Kanpur, United Provinces, North India, into an aristocratic and well-to-do family. As a youth he studied law, was admitted to the Bar, and practiced before one of the high courts of India. His legal career was dedicated to the service of humanity, but for the fulfillment of his mission on earth he took to the path of renunciation. After intense penance and mastering nine types of Yoga, with the divine blessings of his Guru (spiritual teacher), he lived the life of a wandering monk, helping people to achieve radiant health and spiritual development. Yogi Gupta was the founder and president of the Kailashananda Mission, situated on Manikoot Hills, Rishikesh, Himalayas, India, surrounded by the Himalayan peaks and on the banks of the holy river Ganges. The Yoga Health Sanatorium at the Mission in India, had accommodations to admit fifty patients and unlimited accommodations for out-patients. Yogi Gupta was the director in charge of this sanatorium, which was operated by his disciples and followers. Yogi Gupta developed a great following in the United States of America and other Western countries. His headquarters was in New York City. He was the director of Yogi Gupta New York Center, New York City, where he personally taught the occult and esoteric wisdom of the East and provided personal guidance to the disciples on the Path, besides holding regular lectures and classes in Yoga Postures, Deep Breathings, Relaxation, Meditation and Raja Yoga. Yogi Gupta is the author of the renowned book, YOGA AND LONG LIFE, a profusely illustrated handbook that presents all the important principles of Hatha Yoga, the Science of Living, practiced and perfected in India throughout the centuries. It has thirty-five full page illustrations of the author, including Postures for Beginners, Main Postures of Yoga, and Postures for Advanced Students. You can order the second edition of his book, YOGA AND LONG LIFE, from: Yogi Gupta Society, Inc. (yogiguptasociety.org) - PUB- LISHERS

### **Users Review**

#### **From reader reviews:**

##### **Thomas Rinaldi:**

Reading a publication tends to be new life style in this particular era globalization. With reading you can get a lot of information that will give you benefit in your life. Using book everyone in this world could share their idea. Publications can also inspire a lot of people. Plenty of author can inspire their own reader with their story or their experience. Not only the storyline that share in the books. But also they write about the information about something that you need example. How to get the good score toefl, or how to teach your young ones, there are many kinds of book that you can get now. The authors in this world always try to improve their expertise in writing, they also doing some exploration before they write on their book. One of them is this Yoga and Yogic Powers: Principles of Releasing Mental Powers.

##### **Albert Gilchrist:**

The book untitled Yoga and Yogic Powers: Principles of Releasing Mental Powers contain a lot of information on that. The writer explains the woman idea with easy way. The language is very simple to implement all the people, so do not worry, you can easy to read that. The book was compiled by famous author. The author brings you in the new time of literary works. You can actually read this book because you

can read more your smart phone, or device, so you can read the book in anywhere and anytime. In a situation you wish to purchase the e-book, you can open their official web-site as well as order it. Have a nice examine.

**Juan Turgeon:**

In this time globalization it is important to someone to get information. The information will make someone to understand the condition of the world. The health of the world makes the information better to share. You can find a lot of references to get information example: internet, paper, book, and soon. You can view that now, a lot of publisher this print many kinds of book. The actual book that recommended for you is Yoga and Yogic Powers: Principles of Releasing Mental Powers this book consist a lot of the information in the condition of this world now. This kind of book was represented so why is the world has grown up. The words styles that writer use for explain it is easy to understand. The writer made some exploration when he makes this book. Here is why this book suited all of you.

**Yolanda Nitta:**

Is it anyone who having spare time subsequently spend it whole day by means of watching television programs or just lying down on the bed? Do you need something new? This Yoga and Yogic Powers: Principles of Releasing Mental Powers can be the response, oh how comes? The new book you know. You are thus out of date, spending your extra time by reading in this brand new era is common not a nerd activity. So what these books have than the others?

**Download and Read Online Yoga and Yogic Powers: Principles of Releasing Mental Powers By Yogi Gupta #7LGXOFKEVWT**

# **Read Yoga and Yogic Powers: Principles of Releasing Mental Powers By Yogi Gupta for online ebook**

Yoga and Yogic Powers: Principles of Releasing Mental Powers By Yogi Gupta Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Yoga and Yogic Powers: Principles of Releasing Mental Powers By Yogi Gupta books to read online.

## **Online Yoga and Yogic Powers: Principles of Releasing Mental Powers By Yogi Gupta ebook PDF download**

### **Yoga and Yogic Powers: Principles of Releasing Mental Powers By Yogi Gupta Doc**

**Yoga and Yogic Powers: Principles of Releasing Mental Powers By Yogi Gupta Mobipocket**

**Yoga and Yogic Powers: Principles of Releasing Mental Powers By Yogi Gupta EPub**