



The Complete Idiot's Guide to Communicating With Spirits (Idiot's Guides)

By Rita S. Berkowitz, Deborah S. Romaine

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You're no idiot, of course. You know life is a journey and that physical birth and death are its points of transition. Many people, across cultures and faiths, believe the spirit lives on—and have experienced contact with the spirits of loved ones who have passed to the higher side. This contact is joyous, comforting, and healing—but you wonder if it's really real and whether you can share in it, too.

Don't give up the spirit! The Complete Idiot's Guide® to Communicating with Spirits will show you exactly how to uncover your own mediumistic capabilities and connect with those no longer on the earth plane. In this Complete Idiot's Guide®, you get:

- Tips on how to connect with your personal divine energy through prayer, meditation, and dreams.
- Information on the birth of the human soul—as perceived through theological, metaphysical, and spiritual viewpoints.
- Exercises to help you develop your mediumistic abilities.
- Tangible evidence of the continuity of life as presented through the experiences and spirit drawings of medium Rita S. Berkowitz.

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Editorial Review

About the Author

RITA S. BERKOWITZ is an ordained minister in the Spiritualist Church. She is a pastor of the First Spiritual Church of Quincy, a commissioned healer, and a certified medium with a Master of Science degree in psychological counseling. With the gift of spirit communication, Rita has the ability to see, speak to, and draw our guides and loved ones who have passed to the higher side.

Deborah S. Romaine is the co-author of *The Complete Idiot's Guide to Communicating with Spirits* and many other books.

Users Review

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